

Jennifer Watson, MPT, I.M.T.,C., is a healer and a dynamic speaker with a gift for intuitive and visionary coaching. She is an expert in integrative wellness, transformational leadership, mental edge + resilience optimization, enhancement, sustainable high-performance, influential communication, and soul-aligned living mastery.

Incorporating her expertise along with her athletic gifts as a former D1-collegiate track athlete and 2x All-American, she has had the honor to share her message on the TEDx stage, NBC, Fox Radio and top Summit & Podcasts. With 25+ years experience in wellness advocacy + business leadership management, she inspires those to unleash their potential in all areas of their life.

She is the CEO of Watson World Wide (WWW) which supports the ambitious executives & business leaders to step out of chaos into creation to live their legacy now. WWW does this through shifting your Mental-Emotional State and optimizing Healthy High-Performance Leadership that accelerates sustainable peace, impact and profit.

Her gift is truly to tap into the leaders "Flow State" in Wellness + Leadership and create their extraordinary business and life with ease & joy.

In addition, Jennifer is the founder of Run Your Race Global whose vision is to create healing, opportunity, and prosperity in every community and country around the world with mission to accelerate influence of the 1% Leaders & Entrepreneurs in their area of impact to achieve ambitious results for good.

**EDUCATION:** She received her undergraduate degree in kinesiology and a Master of Physical Therapy from the University of Wisconsin-Madison. During her time at Wisconsin Jennifer was also a member of the University of Wisconsin- Madison track & field team in which she received All-American honors. As she began her work, her interests began to grow outside the athletic arena. She has completed over 2500 hours of continuing education courses & certifications in manual therapy, energetics, functional orthopedics, and postural restoration with areas of focus & expertise in high performance, gut health, brain health, mental health and a special interest in men & women's health. She has also completed over 2500 hours of continuing education in Leadership Management and has become certified in Health + Transformational Coaching.

Watson World Wide & Run Your Race Global has given rise to Jennifer's great passion of supporting people in their journey to live their EPIC Health, their EPIC Leadership, and their EPIC Legacy that they were destined for...to change the world for good.